



EN



Degree of difficulty

Instruction **FACIAL MASK**



## Materials from Gütermann

- Sew-all Thread, 100 m
- 44 cm x 17 cm (W x H) cotton fabric
- 50 cm elastic band

## Size 20 cm x 8.5 cm (W x H)

- Once the pleats in the centre of the mask are ironed flat, the mask is approx. 15 cm in height.

## Tools

- Sewing machine
- Iron
- Scissors
- Pins
- Ruler or hand gauge
- Dressmaker's chalk or fabric pencil
- Ruler

## Cut

- Cotton fabric for front: 24 cm x 17 cm (W x H)
- Cotton fabric for back: 20 cm x 17 cm (W x H)

All pattern pieces include seam allowance.

## Pattern pieces

- Print the templates on to a sheet of A4 paper and cut them out.
- Before starting work, wash the cotton fabric and allow to dry thoroughly.
- Then trace the measurements indicated for the front and back on the cotton fabric and cut out.

## Care and cleaning

- Wash fabric before processing separately
- Wash facial masks at a minimum of 60 degrees and iron hot (☰ / 200 degrees)
- Subject to change in colour



**1.** Place both fabric pieces right side to right side for sewing. Secure the beginning and end of the seam with a few back stitches. Place the back centrally onto the front and pin securely along the long edge. Stitch the seam, leaving a 1 cm seam allowance. Next, iron the seam. Turn the fabric and iron once more.



**2.** Place the template on the fabric, so that the edge of the fabric is visible. The 1 cm seam allowance at the top and bottom has already been taken up. Therefore, allow the template to protrude outwards by 1 cm. Using pins or a marker, transfer the markings for the pleats on to the left and right edges of the mask.



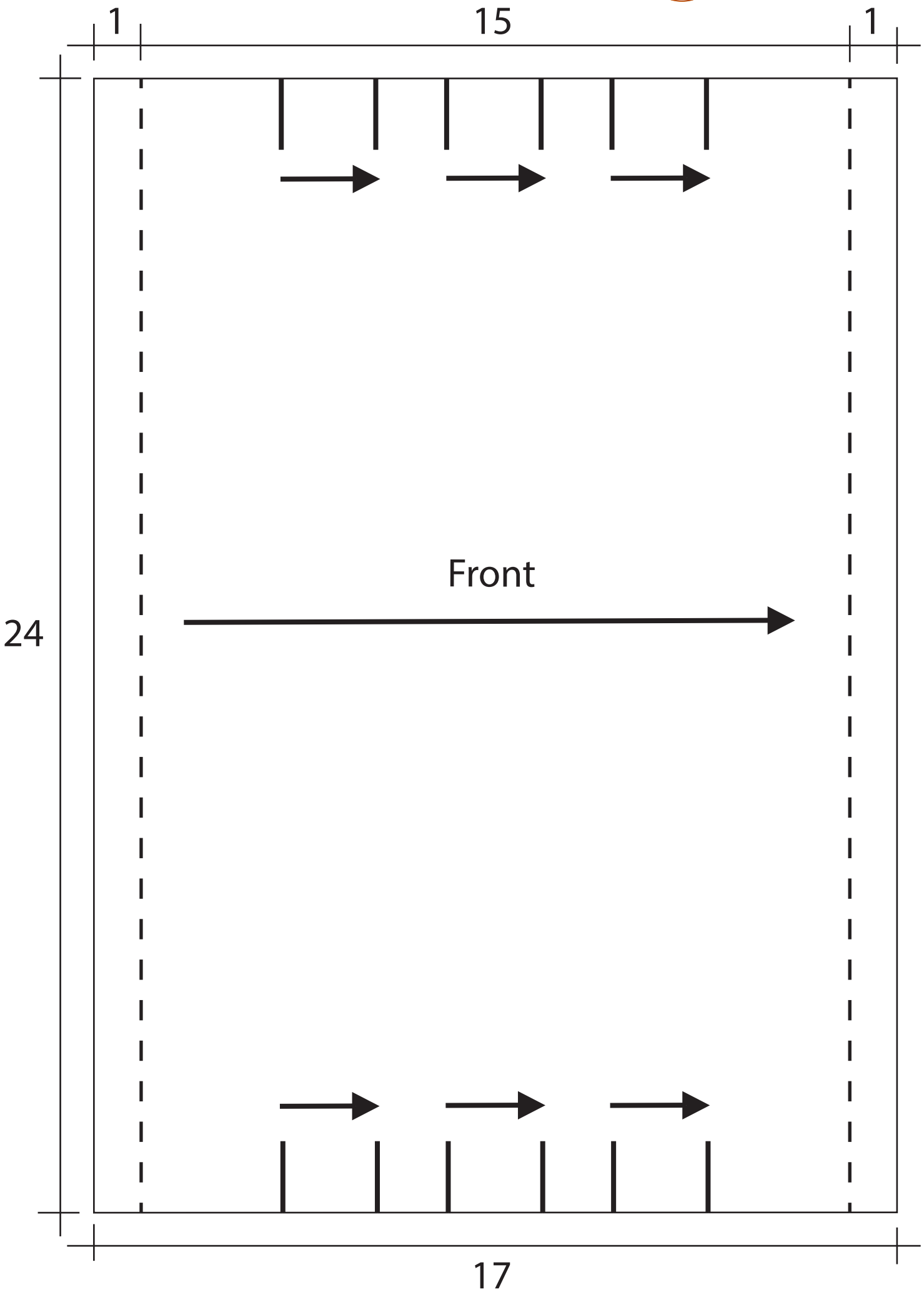
**3.** Iron the pleats in the direction of the arrows, as shown on the template. Next, to make sure that they will not slip, stitch the pleats securely close to the edge.

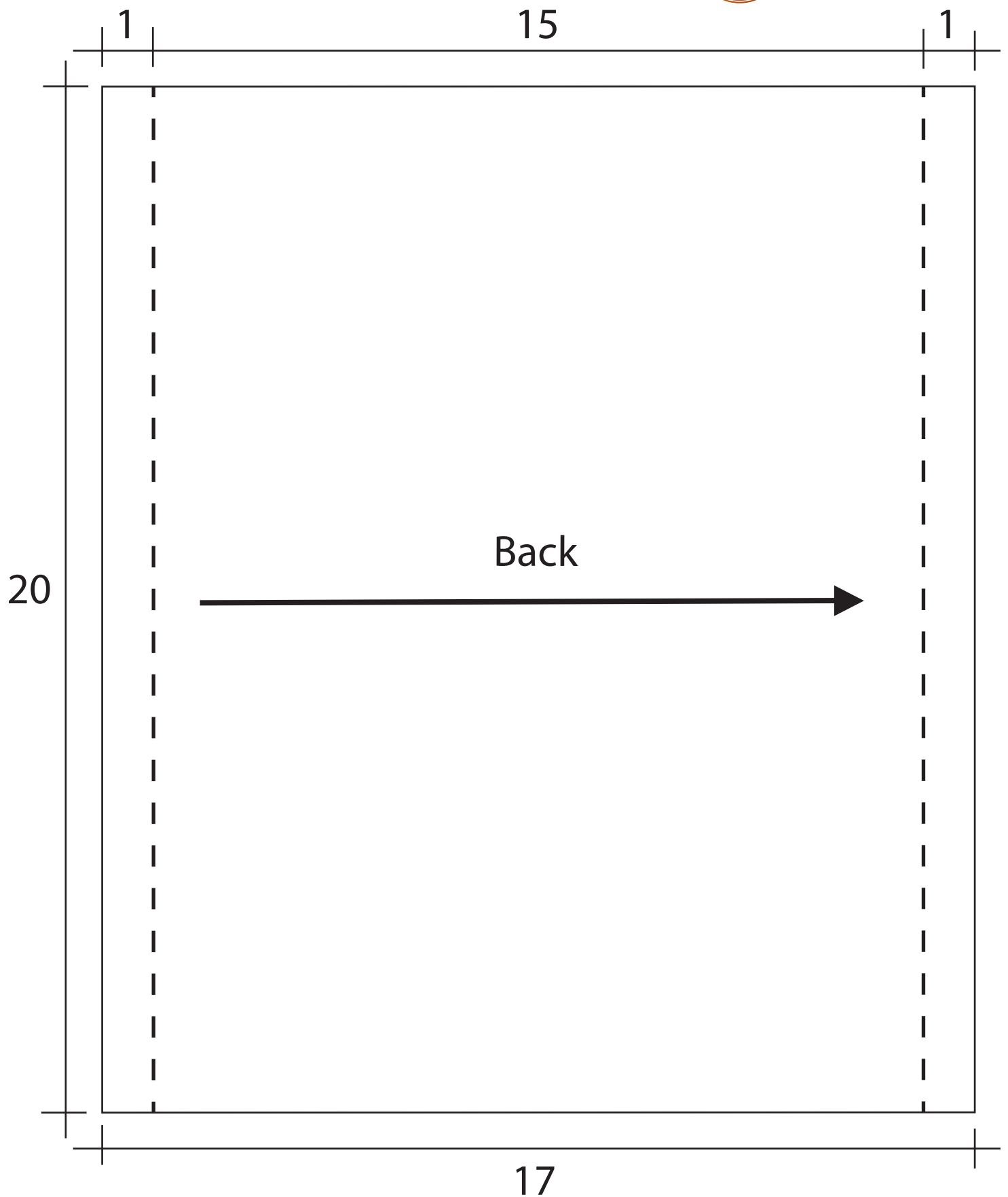


**4.** The elastic band is fastened on the right and left of the mask. To do this, cut the elastic band in two separate strips to the length required (e.g. two strips, each 20 cm long). Fold in the protruding edge of the fabric, then fold it in again at about 1 cm. Place each end of each strip of elastic band on the corners underneath the edge of the fabric. Secure in place with pins. Do the same on the other side.



**5.** Then stitch the folded in fabric edges and the elastic band on both sides, securing the elastic by stitches.





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